

## Monday

Whole Wheat Chicken **3**  
Nuggets  
Brown Rice  
Baby Carrots  
Fresh Fruit & Milk

Chicken Tenders **10**  
Brown Rice  
Carrots  
Fresh Fruit & Milk

Popcorn Chicken **17**  
Brown Rice  
Carrots  
Fresh Fruit & Milk

Whole Wheat Chicken **24**  
Nuggets  
Brown Rice  
Baby Carrots  
Fresh Fruit & Milk

Chicken Tenders **31**  
Brown Rice  
Corn  
Fresh Fruit & Milk

## Tuesday

Beef Tacos / Cheese **4**  
and Salsa  
Brown Rice  
Black Beans or Baby Carrots  
Fresh Fruit & Milk

Meatball Hero **11**  
Tater Tots or Baby Carrots  
Fresh Fruit & Milk

Philly Cheese Steaks **18**  
Sandwich  
Baked Beans or Baby Carrots  
Fresh Fruit & Milk

Hamburger **25**  
Tater Tots or Baby Carrots  
Fresh Fruit & Milk

## Wednesday

Whole Wheat Pasta **5**  
&  
Meatballs  
Green Beans or Baby Carrots  
Fresh Fruit & Milk

Mac & Cheese **12**  
Green Beans or Baby Carrots  
Fresh Fruit & Milk

Whole Wheat Pasta **19**  
&  
Meatballs  
Green Beans or Baby Carrots  
Fresh Fruit & Milk

Whole Wheat Pasta **26**  
&  
Meatballs  
Green Beans or Baby Carrots  
Fresh Fruit & Milk

## Thursday

Pancakes **6**  
Turkey Sausages  
Tater Tots or Baby Carrots  
Fresh Fruit & Milk

Cheese Pizza **13**  
or Pepperoni Pizza  
Broccoli or Baby Carrots  
Fresh Fruit & Milk

French Toast Sticks **20**  
Turkey Sausages  
Tater Tots or Baby Carrots  
Fresh Fruit & Milk

Chicken Patty **27**  
Sandwich  
Baked Beans  
Fresh Fruit & Milk

## Friday

Cheese Pizza **7**  
or Pepperoni Pizza  
Broccoli or Baby Carrots  
Fresh Fruit & Milk

**14**  
Superintendent's Day

Cheese Pizza **21**  
or Pepperoni Pizza  
Broccoli or Baby Carrots  
Fresh Fruit & Milk

Cheese Pizza **28**  
or Pepperoni Pizza  
Broccoli or Baby Carrots  
Fresh Fruit & Milk



**Milk Selections:**  
Fat Free and Low-Fat Milk  
Fat Free Chocolate Milk  
Fresh Fruit Offered Daily

**Gluten Free Items Available Upon Request**  
If you have questions about food allergens,  
please contact the Food Service Department  
845-639-6546